

The United Reformed Church

A guide to

domestic abuse



Contents

'RPHVWLF DEXVH LV DODUPLQJO\ FRPPRQ \$FFRUGLQJ WR WK

EHHQ H[SRVHG WR GRPHVWLF DEXVH DUH QRZ UHFRJQLVHG D  
ULJKW UDWKHU WKDQ MXVW ZLWQHVVHV

:KHWKHU RU QRW \RX DUH DZDUH RI LW LW LV OLNHO\ WKDW  
GRPHVWLF DEXVH )RU H[DPSON D VXUYH\ RI FKXUFKJRHUV L  
UHSRUWHG KDYLQJ H[SHULHQFHG DW OHDVW RQH DEXVLYH D  
[www.restored-uk.org/about/our-research/churches-too/](http://www.restored-uk.org/about/our-research/churches-too/) +RZHYHU RQO\ WZR LQ  
FKXUFKJRHUV WKRXJKW WKHLU FKXUFK ZDV DGHTXDWHO\ HT  
GRPHVWLF DEXVH

&KULVWLDQ KRPHV DUH QRW LPPXQH WR GRPHVWLF DEXVH  
YRLFH IRU WKH SUHYHQWLRQ RI GRPHVWLF YLROHQFH LV IX  
ORYH MXVWLFH HTXDOLW\ UHVSFW DQG FDUH IRU RQH DG  
IRXQG WKDW FRQWUROOLQJ FRHUFLYH EHKDYLRXU DQG S  
PRVW SUHYDOHQW W\SHV RI DEXVH UHSRUWHG E\ UHVSRRGH  
,Q FDUHV ZKHUH DEXVH RFFXUUHG RI DEXVHUV XVHG &KU  
WKHLU EHKDYLRXU DGGLWLRQ &KULVWLDQ WHDFKLQJ  
GRPHVWLF DEXVH VLWXDWLRQV E\ WKRVH ZKRVH UROH DQG  
KDYH EHHQ WROG WR



ZK\ VRPHRQH VWD\V LQ DD\ M D WLKRPVKDSJWKGWFKHP SDUW



'L HUHQW NLQGV RI GRPHVWLF DEXVH

Emo

Honour based violence

honour code.

Isolation

Neglect

Physical abuse

Psychological abuse

Sexual abuse



Teenage relationships

[bit.ly/3PBKmmum](https://bit.ly/3PBKmmum) ).

'RPHVWLF DEXVH LQ GL†HUHQW JURXSV



D Q G Q H L J K E R X U V ± L Q I D F W Z K R O H F R P P X Q L W L H V F D Q E H D

Older people

People living with a chronic illness or disability

Women

K W W S V U H I X J H R U J X N D Z E X D W H L W K G R I P H F W W L F  
E L W O \ 7 5 % 2 5



WKDW WKH\ FDQQRW FRQWURO WKHLU FKLOG DQG WKDW WKH  
VHNLQJ KHOS PD\ DULVH LI WKH SDUHQWV RU FDUHUV UHVS  
FRQVHQVXV RQ WKH

L P S R U W D Q W W R W B D N G L Q X F D Y D L O D E O H W R D Q \ R Q H Z K R Z L V K H

[urc.org.uk/safeguarding/](http://urc.org.uk/safeguarding/).

Build relationships with local organisations

Be aware of the Domestic Violence Disclosure Scheme

7 D N H F D U H Q R W W R

Take care of your reactions

Make sure they are safe





Refuge Tech Safety

[www.refugetechsafety.org](http://www.refugetechsafety.org)

Respect Phonenumber

[www.respectphonenumber.org.uk](http://www.respectphonenumber.org.uk)

Restored

[www.restored-uk.org](http://www.restored-uk.org)

Safe in Faith

[www.safeinfaith.org.uk/about/](http://www.safeinfaith.org.uk/about/)

Signhealth

[www.signhealth.org.uk/with-deaf-people/domestic-abuse/](http://www.signhealth.org.uk/with-deaf-people/domestic-abuse/)

Southall Black Sisters

[www.southallblacksisters.org.uk](http://www.southallblacksisters.org.uk)

The Hideout