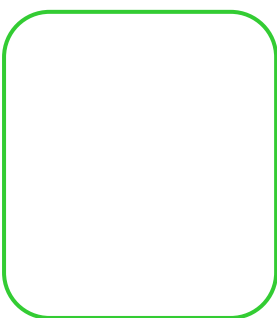
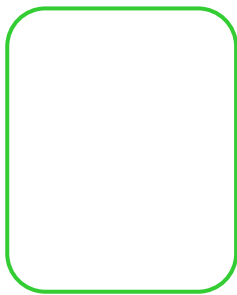
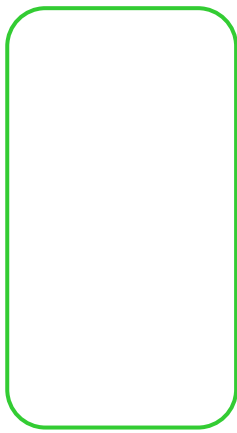






*Get to know your Bible*



*Image by -*





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[https://www.youtube.com/watch?v=5t\\_3BuseTS0&t=22s](https://www.youtube.com/watch?v=5t_3BuseTS0&t=22s)

<https://www.youtube.com/watch?v=63WctDzwzjk>

A story about slavery and freedom (Not suitable for very young children)

<https://www.youtube.com/watch?v=Qx9KI8jB7g8>

tells the true story of Harriet Tubman who was a slave then worked as a suffragist and helped to free other slaves [https://www.youtube.com/watch?v=k\\_JZemL](https://www.youtube.com/watch?v=k_JZemL)



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*Ideas to Retell/Explore the Story*

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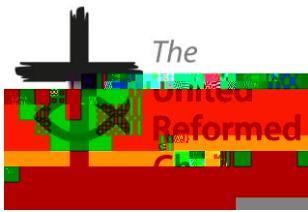




You will need some paper clips - it does not matter what size or colour.

This is a great prayer activity to do when you are sat at the table together. Put the paper clips in a pile and take it in turns to take a clip and link it to the chain as it is held by the person next to you. As you make your chain together, think of different things you want to pray for. Keep adding a paper clip prayer until you have





## TO DO TOGETHER...

*You will need:*

- < Squares of fabric or paper
- < Some felt pens or collage materials
- < Sellotape or sewing materials

*What you do:*

In our "Watch and Listen" section, you learned about the freedom quilts made by the slaves in America in the past. These quilts helped show the way to a place where they would be free.

Think about the words of freedom and kindness.

Write, draw or collage the things they represent on a square. Join the squares up into a quilt.

Display it to remind you of the freedom you enjoy and the fact that we all have the right to be free and to be treated kindly. Just one kind word can make all the difference.

This week is Bullying Awareness Week. You can find out more about it on <https://ant-bullyingalliance.org.uk/ant-bullying-week/ant-bullying-week-2021-one-kind-word>. See their website for more ways to get involved.





*You will need:*

- < Paper
- < Paint
- < Straw



Sometimes standing up to those who bully can be hard. You can show you care for people, help them to know they are not alone. Why not make a friendship bracelet? That way when mean things happen, you or the person you make the bracelet for has something to remind them they are not alone.

### *Bracelet 1*

To make the bracelet *you will need*: Card (recycled packaging is ideal), scissors, sticky tape and wool

*What you do*: Cut a strip of card 25cm long and 3cm wide. Make a loop and seal the ends with sticky tape. Then begin to wrap your wool around the hoop you have made, adding as many colours as you think the person you may be making this for would like. When you have finished, tie the wool off.

### *Bracelet 2*



*Our Walking the Way Challenge  
this time is...*

